

Today's Chiropractic

Written by drkenfen

Tuesday, 15 March 2011 17:20 - Last Updated Thursday, 25 September 2014 17:48

Chiropractic is one of the largest primary-contact health care professions in Ontario, a non-invasive hands-on health care discipline that focuses on the nerve, muscle and skeletal systems.

Chiropractors practice a manual approach, providing diagnosis, treatment and preventative care for disorders related to the spine, pelvis, nervous system and joints.

As a Board certified and registered Chiropractor, I use a combination of treatments, according to the specific needs of the individual patient. After taking a complete history and diagnosing a patient, I will develop and carry out a comprehensive treatment or management plan, recommend therapeutic exercise and other non-invasive therapies, and provide nutritional, dietary and lifestyle counselling.

For many conditions, such as lower back pain, chiropractic care is frequently the primary method of treatment. Where other conditions exist, chiropractic care may complement or support medical or other treatments by relieving the nerve, muscle and skeletal aspects associated with the condition.

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Chiropractic care may also be used to provide relief for patients with chronic conditions. According to patient surveys, by treating the underlying elements of such disorders, chiropractic treatment has been shown to improve the general well-being of the patient.

There are many reasons to seek chiropractic care:

: Back pain

: Neck pain

: Headache, including sinus pain

: Whiplash

: Strains and sprains

: Repetitive strain injury (RSI) including Carpal Tunnel Syndrome

: Work and Sports injuries

: Arthritis

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: Limited range of motion in the back, shoulder, neck or limbs

: Colicky infants

: General health and well-being

: Sciatica

: Jaw Pain or Temporomandibular Syndrome (TMJ)

: Fibromyalgia

: Scoliosis

: Heel Spurs

: Vertigo

: Knee, Hip, Foot, Shoulder, Elbow, Wrist and Hand pain

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Chiropractic is a Regulated Health Profession in Ontario, all of the provinces in Canada and all of the States in USA. Chiropractic is covered by many insurance policies as a **Primary Contact Provider**.

